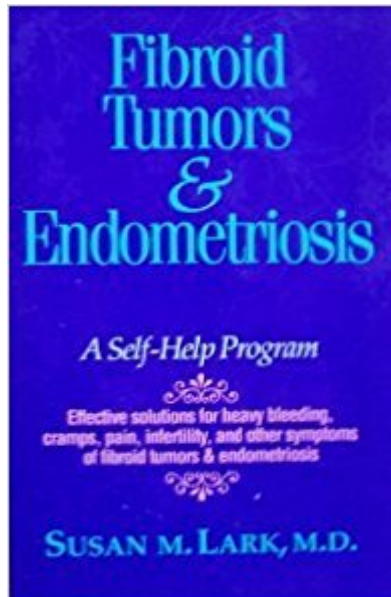




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Fibroid Tumors & Endometriosis (Women's Health)



Book Information

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Customer Reviews

Fibroid tumors and endometriosis affect millions of American women. Despite the prevalence of these health problems, very little information is available on their prevention and treatment. Fibroid Tumors & Endometriosis is part of the new series of women's self-help books by Susan M. Lark, M.D. This book contains the only complete self-help program that offers women:* Facts and information about the causes, symptoms and diagnosis of fibroid tumors and endometriosis.* A workbook format that assists you to identify the important signs, symptoms, and risk factors of these conditions.* Complete and up-to-date information about medical treatments.* Effective self-help treatment options that include detailed information on vitamins, minerals and herbs; menus and recipes; accupressure massage, yoga, stretches, exercises, and stress reduction techniques - all designed to assist you in formulating your own treatment program.--- from book's back cover

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